



# P A R E N T BULLETIN

VOLUME 29  
Apr 5  
2019

## CONTACT US

905-479-2787

Attendance x 230

Guidance x 458

Arts x 431

[unionville.hs@yrdsb.ca](mailto:unionville.hs@yrdsb.ca)

[unionville.hs.yrdsb.ca](http://unionville.hs.yrdsb.ca)

### PRINCIPAL

Suelyn Cheong

[suelyn.cheong@yrdsb.ca](mailto:suelyn.cheong@yrdsb.ca)

### VICE PRINCIPALS

Andrew Gazaneo (A - L)

[andrew.gazaneo@yrdsb.ca](mailto:andrew.gazaneo@yrdsb.ca)

Krista Pummell (M - Z)

[krista.pummell@yrdsb.ca](mailto:krista.pummell@yrdsb.ca)

### SUPERINTENDENT

Peter Tse

[peter.tse@yrdsb.ca](mailto:peter.tse@yrdsb.ca)

### BOARD TRUSTEE

Ron Lynn

[Ron.lynn@yrdsb.ca](mailto:Ron.lynn@yrdsb.ca)



## UPCOMING EVENTS

<b>Monday April 8 Day 2</b>	<ul style="list-style-type: none"><li>AU Winds/Percussion to OBA Small ensemble Festival (10:45am-1:45pm)</li></ul>
<b>Tuesday April 9 Day 1</b>	<ul style="list-style-type: none"><li></li></ul>
<b>Wednesday April 10 Day 2</b>	<ul style="list-style-type: none"><li>Hypatia, Galois and Fryer Math Competition in Library (8:30-10am)</li><li>Grade 9 Concert Band to Music Alive Festival (11am-2:30pm)</li></ul>
<b>Thursday April 11 Day 1</b>	<ul style="list-style-type: none"><li>SHSM new Application Lunch (12:30-1:45pm)</li><li>Grade 12 Prom Assembly (Period 3, mandatory)</li></ul>
<b>Friday April 12 Day 2</b>	<ul style="list-style-type: none"><li>Term 3 Ends</li><li>AU Piano to North York Music Festival at Lawrence Park Community Church(9am-3pm)</li><li>Vocal Students to Music Alive at Cosmopolitan Music Hall (8:15-11:45am)</li></ul>

### Summer School programs

Summer school registration will begin on Monday April 1st. Student will register through My Pathway Planner and will need to print off the form to hand in to Guidance for approval. Summer school e-learning will begin on Friday April 5th. Students must make an appointment with their Guidance counselor first in order to register.

### Potential Graduates

All students who are planning to graduate this year must hand in their completed Community Service Hours to Guidance by May 31st in order to allow time for processing.

### Prom Assembly

There will be a mandatory assembly for all grade 12 students on April 11th during period 3 regarding prom. You must attend in order to purchase a ticket. All details, pricing and rules will be discussed at the assembly.



Check out the latest school announcements by following us on twitter [@UHSupdates](https://twitter.com/UHSupdates)



# PARENT BULLETIN

## Guidance News

On Wednesday April 17<sup>th</sup>, period 4 in the Library, UHS is hosting a post-secondary financial planning presentation provided by Seneca College. Topics covered will include bursaries, scholarships and OSAP.

Grade 12 students interested in attending this presentation are asked to sign up using the bit.ly link below (please ensure that they are logged into their school gapps account and not their personal Google account).

**The deadline to sign up is Tuesday April 16.**

<http://bit.ly/2FOC5RN>

A permission form will be emailed to the student once he/she complete the on-line Google form. **A parent/guardian must sign it if they are not 18 years of age and then:**

**Step 1:** the student must show the form to their teacher if he/she is missing a period 4 class.

**Step 2:** Bring the form to the library as this will be his/her ticket into the presentation confirming his/her attendance.

For more information, students may visit the Guidance office.



**Seneca**  
COLLEGE



# PARENT BULLETIN



## the International Day of Pink April 10, 2019 Let's Talk About Bullying - Homophobia - Transphobia

### What is the Day of Pink?

**April 10, 2019** marks the International Day of Pink. It is a day where communities across the country, and across the world, can unite in celebrating diversity and raising awareness to stop homophobia, transphobia, transmisogyny, and all forms of bullying.

The International Day of Pink was started in Nova Scotia when 2 straight high school students saw a gay student wearing a pink shirt being bullied. The 2 students intervened, but wanted to do more to prevent homophobic & transphobic bullying. They decided to purchase pink shirts, and a few days later got everyone at school to arrive wearing pink, standing in solidarity. The result was that an entire school took a stand and began working together to prevent homophobic & transphobic bullying.

**The message was clear: anyone can bully, any can be victimized by bullying, but together we can stop it.**

Each year on the second Wednesday of April, millions of people wear pink and take a stand. The Day of Pink is a symbol, a spark, that empowers and inspires youth across Canada to create amazing social change!

### How can I get involved in the International Day of Pink?

- Wear pink on **April 10, 2019!**
- Connect with your local politicians about becoming a Day of Pink ambassador
- Learn about the causes of discrimination and what you can do to solve this problem.



## YOU-THRIVE

You and youth thrive through healthy connections. Connections include those with peers, family, community, and the environment. Connections also include the things within you - your feelings, thoughts, body, and values.

YOU-Thrive is a group to grow connections - with yourself, with peers and with space.

Come join us at YOU-Thrive and discover the joy of living deeply connected.

**When:**  
Monday, August 26 - Friday, August 30, 2019 from 9am to 4pm

**Where:**  
Dorcas Centre (2667 Bur Oak Ave, Markham)

**YOU-THRIVE aims to support youth's wellbeing through enhancing psychological flexibility, fostering mindfulness, and promoting positive self-concept.**

### Program Highlights:

- Arts and activity-based.
- Space for social connections and peer support.
- Program delivery in English.  
Language support available in Cantonese and Mandarin.

**Light lunch will be provided.**

**FOR YOUTH  
AGED 12-15**

For Registration/Questions:

**Cindy Kwong**  
Youth Worker  
Tel: 416-493-4242 ext. 5242  
Email: ckwong@hongfook.ca



## YOU-THRIVE

You and youth thrive through healthy connections. Connections include those with peers, family, community, and the environment. Connections also include the things within you - your feelings, thoughts, body, and values.

YOU-Thrive is a group to grow connections - with yourself, with peers and with space.

Come join us at YOU-Thrive and discover the joy of living deeply connected.

**Upcoming Cycle**  
Orientation Session - Saturday, June 22, 19 (3:45-5:45PM)  
Cycle Dates - Saturdays, July 6-27, 2019 (10 am to 4:30 PM)

**Location - CICS IYC (5284 Hwy 7 #2, Markham, ON)**

**YOU-THRIVE aims to support youth's wellbeing through enhancing psychological flexibility, fostering mindfulness, and promoting positive self-concept.**

### Program Highlights:

- Arts and activity-based.
- Space for social connections and peer support.
- Program delivery in English.  
Language support available in Cantonese and Mandarin.

**Light lunch will be provided.**

**FOR YOUTH  
AGED 12-18**

For Registration/Questions:

**Vivian Chow**  
Youth Settlement Worker  
Tel: 905-294-8868 ext. 205  
Email: vivian.chow@cicscanada.com

**Cindy Kwong**  
Youth Worker  
Tel: 416-493-4242 ext. 5242  
Email: ckwong@hongfook.ca



www.hongfook.ca 416-493-4242



Immigration, Refugees and Citizenship Canada

Immigration, Réfugiés et Citoyenneté Canada



# mixed media drop-in



**FOR  
HIGH SCHOOL  
STUDENTS**

## MIXED MEDIA DROP-IN

Calling all **EAST ASIAN YOUTH & FRIENDS** to join us for a time of self-expression & exploration.

Hang out, experiment with the arts, peel back the layers. Discover who you are.

All are artists here - prior arts experience/training are not necessary.

**Program time:** Thursdays, April 11, 18, 25, May 2, 2019 (6:30 - 8:30 pm)  
**Location:** Dorcas Centre - 2667 Bur Oak Ave, Markham, ON L6B 1H8

### Program Highlights:

- Support self discovery via different art forms (no formal art instruction provided)
- Opportunity to exercise your creative & imaginative capacities
- Space for connection to:
  - self
  - peers
  - community and culture

For Registration/Inquiries:

**Cindy Kwong**  
Youth Worker  
416-493-4242 ext. 5242  
ckwong@hongfook.ca



**FOR  
HIGH SCHOOL  
STUDENTS**

## YOUTH ADVISORY COMMITTEE

Do you identify as an **East Asian Youth** living in York Region? Are you looking for a place to discover and share your gifts? Have a voice that needs to be heard? Interested in working with peers, brainstorming ideas, and bringing them to life?

If you answered yes to the above questions - Hong Fook's Youth Advisory Committee is for you!

### Schedule:

**First Meeting:** Thursday, May 9, 2019 - 4:00 pm to 6:00 pm  
**Location:** Dorcas Centre - 2667 Bur Oak Ave, Markham, ON L6B 1H8

### Program Highlights:

- Support self-discovery, capacity building and community engagement through experiential and arts-based activities
- Opportunity to exercise your creative, imaginative, and leadership capacities
- Space for connection to self, peers, community, and culture

For Registration/Inquiries:

**Cindy Kwong**  
Youth Worker  
416-493-4242 ext. 5242  
ckwong@hongfook.ca

**Volunteer hours and bus tickets will be provided**



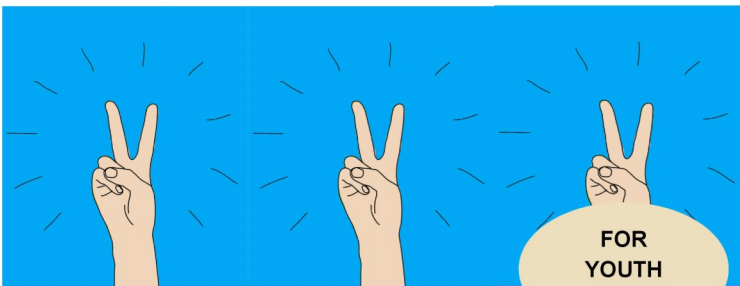
www.hongfook.ca 416-493-4242



www.hongfook.ca 416-493-4242







**FOR  
YOUTH  
AGED 11-15**

**FRIDAY NIGHT DROP-IN**

Our youth drop-in program offers youth a space to hang out with their friends, meet other youth, and relax. Join us every 2nd Friday of the month, where we will spend time at Dorcas Centre, play games, and mingle.

When

Every 2nd Friday of the month starting March 8, 2019

**Dates:** March 8, April 12, May 10, June 14, July 12, August 9, September 13, October 11, November 8, December 13

**Time:** 7pm-9pm

Where

Dorcas Centre (2667 Bur Oak Ave, Markham)

For Registration/Questions:

**Joyce Chiu**  
**Youth Program Worker**  
**Tel: (416) 493-4242 X 2246**  
**Email: jchiu@hongfook.ca**

The drop-in is just that: a drop in. Youth are welcome to come by anytime between 7pm to 9pm to hang out, make some crafts, and play board games.

Youth are also welcome to bring in their own projects to work on.

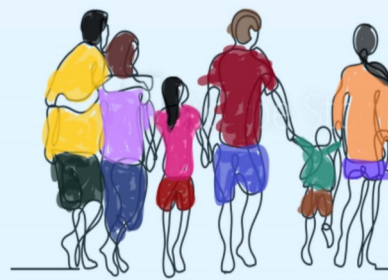
Registration required.



[www.hongfook.ca](http://www.hongfook.ca) 416-493-4242



[www.hongfook.ca](http://www.hongfook.ca) 416-493-4242



**FOR  
PARENTS  
WITH YOUTH**

**RAISING AMAZING YOU-TH**

Connect with other parents while learning techniques for raising well-adjusted youth.

"Raising an Amazing YOUth" is a 6-session workshop series for parents of youth aged 11-15. Through this workshop, you will have a better understanding of the developmental needs of your Amazing YOUth.

When

Every 3rd Friday starting May 17, 2019

**Dates:** May 17, June 22, July 19, August 16, September 20, October 18

**Time:** 7pm-9pm

Where

Through these six workshops, you will better understand the developmental needs of your youth, learn and practice communication skills, and help your youth develop emotional and interpersonal skills so that they can better cope with developmental challenges.

For Registration/Questions:  
**Joyce Chiu**  
**Youth Program Worker**  
**Tel: (416) 493-4242 X 2246**  
**Email: jchiu@hongfook.ca**

Program delivery in Cantonese.  
 Space is limited. Registration on a first-come, first-serve basis.



[www.hongfook.ca](http://www.hongfook.ca) 416-493-4242



[www.hongfook.ca](http://www.hongfook.ca) 416-493-4242



**Have FUN & Get PAID!**  
 Now Hiring Summer Camp Counsellors

Apply by May 17

The City of Markham summer employment opportunities are available for high school students. Please take a look at the attached flyers for more information.

**Now Hiring Summer Camp Counsellors**

Are you looking for a fun summer job? Land one of the best jobs in Markham and get paid doing something you love, while making memories for campers that will last a lifetime! Make new friends and build valuable skills that will set you apart in the workforce.

Some of the perks you'll enjoy:

- Work close to home
- Steady hours with evening and weekends off
- Exclusive discounts:
  - Markham Fitness Centre membership (restrictions apply)
  - YRT transit passes

Apply by May 17

For requirements and to apply, visit [markham.ca/workhere](http://markham.ca/workhere).

